

How to win with women

After half a decade I finally decided to write this book. The reason i delayed for so long is simply because... ALL this information really worked and I got married!!! ... I was taking notes for about 4 months for the book and the next thing i know i met the right person so i stopped taking notes stopped researching the art of pick up / relationships and it all got left behind... After the great success I received with so many people purchasing my content i decided to go back and add these sections in and write a book with all the notes i had took and divulge my secrets on how to get from zero to hero.

Essentially there are levels to pick up / relationships and there are levels you have to be competent at to succeed. These levels will correspond to the chapters of the book also

- 1 Focusing on your appearance
- 2 Focusing on your character
- 3 Focusing on your behaviors/ habits
- 4 Getting out and about
- 5 how to approach
- 6 How to get the desired result
- 7 How to date
- 8 How to gauge if you're falling into a trap
- 9 Living the relationship

Before I start to jump straight in I would like to say that I usually oversimplify things and get straight to the point with books and lectures. I don't feel the need to write 200 pages or talk for 40 hours to charge more or offer value for money. In the same way i oversimplify the contents of this book and as such get results.

One thing you have to understand is you need to do all the steps to get all the results... You can't have questions like Why can't I just be me...?? Because the person you want doesn't want a loser... The same way you don't want a fat ugly smelly dumpling for a wife.... you have to put in the time and effort and be true to yourself to get the equivalent of what you want... This book isn't really geared towards the guy who can. It's geared towards the guys who are lost out there and it will give you direction.

1 Focusing on your appearance

As simple as it sounds to attract you need to be attractive. What does this mean??? It means that depending on who you want to attract you need to have a certain style... If you want to dress up as batman and go to the local club ... you might be lucky enough to land a comic convention chick however chances are that you will go home 90% of the time. Look around you what do the guys wear and what do the guys look like who attract the women? Copy that. It's really that simple... Look like the man you want to be who will attract the correct type of woman.... You want jane you gotta look like Tarzan ... you want an Amazonian you gotta look like Conan the barbarian you want 12 playboy models you gotta be like Hugh Hefner Bilzerian etc.... In other words you have to cover yourself in money.

Now at this point you can lie to a certain degree... But you will get bit in the ass ... you might get laid but you'll also get found out that you're broke.... Sooner or later....

Another thing you need to do is have a good body. It doesn't matter how old you are or young you are ... the good body gives you brownie points... You get it, it shows you have power money willpower etc.... Unless you're fat with fat stacks and wads and wads of cash ... you need that body. Every little bit helps. Also you need to pay attention to detail. Brush your teeth. Nice cologne. Smile. Clean shoes.... A good quality wallet.

All these little details put together give an overall winner impression. It sounds simple in practice it really is... You need to analyze all this and be harsh on yourself and then re-invent yourself.

As I said before I'm not going to harp on about little details telling you how you should wear pinkie rings with diamonds on them or whether or not crocodile shoes are in or out ... Can you pull it off? Go for it. Be a winner. But most of all be the person they want you to be ... Does that suck? Sure cause you just want to be yourself... But no one wants the guy who eats pizza scratching his nutsack they want a fucking superhero.... Of course the guy who is a superhero also needs to fart in bed... But that's not the part that will create the external attraction.

2 Focusing on your character

In the first part we talked about the external part of your appearance. This is important as most people go by what they see. HOWEVER most people also go by what they feel and one of the biggest secrets is that people FEEL your character. How many times have you met someone and you just thought they were lovely? Or a right fucking douchebag? Exactly.... You see that is because you can smell out their character...

Now money might blind women.... and women may be attracted to the bad boy (because they want to control and change him) but at the end of the day. The character you have will attract the type of person you want ... Let me repeat that. THE CHARACTER YOU HAVE WILL ATTRACT THE TYPE OF PERSON YOU WANT. Orrrrrrrr in the worst case scenario it will attract a SPECIFIC type of person ... which maybe the total opposite of the person you want! However that's because your character hasn't been molded...

What do i mean by your character hasn't been molded ? Well basically just like a diet and exercise molds a body and mathematics molds your mind. The sum total of all the things you do and how you think and how you behave is your character. If you're an ass and lazy and sloppy and greedy and loud.... You won't attract the same type of woman as if you are a gentleman with big muscles and a big wallet....

Plus and this is a really really important one here. YOU CANNOT EXPECT TO ACT A CERTAIN CHARACTER BOTH OUTWARDLY AND INTERNALLY WHEN IT'S TOTALLY FAKE AND THEY CAN SEE THROUGH IT.

Now in the first chapter i talked about building an external image. Great you have the image but you have to be able to back it up! In the same way if you create a character super ego about yourself it has to be REAL!!!

I see guys who are short and fat who wear snazzy clothes and tell women about how they practice mma mixed martial arts ... And they attract a woman who is a 5/10 who thinks she is a princess ... Trust me you don't want to be that category of guy who attracts that category of women !

If you want to wear the snazzy clothes you gotta be able to dance in them have the moves in them and be able to afford them...

If you want to tell people you sky dive or do mma or race cars for a living. You have to look and smell like it.... I see a lot of pick up artists teach people to have an alter egoBollocks ... you

have to be real... You can't be Clark Kent dressed up as superman ... when you are superman you gotta have the superpowers to go with it!

In other words.... practice what you preach. At the end of the day if you want an extraordinary life with an extraordinary woman you have to live it....

At this point let me side track a bit and tell you about me... I trained boxing since I was practically born... Always spent money flowing like water. My cars always had 300 + bhp and were jaw droppers, the shirts I wore would cost 400 bucks. I was surrounded by strippers and I know that 99% of people would kill for that kind of life... I was constantly the number 1 eligible bachelor.... There's no denying that. So why am I telling you this ? CAUSE IF YOU WANT TO GET A CHICK WHO IS ABOVE AVERAGE YOU HAVE TO BE ABOVE AVERAGE IN PRACTISE. You can't wear a fake Versace shirt and count the money you spend on drinks with a battered honduh in the driveway and ask yourself day after day why isn't this working ?

HOWEVER! There is nothing wrong with living the normal 9-5 rat race with that special person..... !!! Just understand that you need to know beforehand who you are attracting and what type of life they want and what you are offering them !

So the bottom line is you have to understand the sum total of your actions and habits and interests and appearance is your character... That's what will make you attractive and interesting or boring and a turn off

3 Focusing on your behaviors/ habits

This section in a way is a subsection of the previous as I had said your behavior's / habits determine your character. However the reason I put it in a separate section is because I wanted to teach you about noticing your actions and habits. Not being a subconscious zombie!

So what are habits and actions? Quite simple really Actions is anything you do either consciously after thought or subconsciously without any thought process.

The reason that this is so important is because your failure and your success is determined solely by these actions!! Even if your character is polished to perfection and you look impeccable. At the end of the day if every time you go on a date you spill wine on her and then get the shits from stress and hide in the toilet for 20 minutes with diarrhea ALL YOUR PREVIOUS CHARACTER AND APPEARANCE POLISHING HAS GONE TO SHIT!

So your actions determine the outcome and the constant actions that you perform will sooner or later become habits. Either taking you closer to your goal or further away ...

So what is my advice to you.

Analyze everything you do and correct it. You have to be aware and mindful of your every action and if it's taking you closer to your goal or further away from it

You see this book differs in the way that I give you the guidelines to succeed I don't give you the 1000 scenarios which you should play out Once you play out that scenario and you don't realize what you have done ... you're a robot ! That's useless to you and you haven't evolved... you're on a treadmill. I don't want to give you a list of routines to go up to women and perform. I want you to get results by analyzing yourself ...

So to better clarify and look deeper into what I mean by analyze and correct every action

Every step you take in a certain way, every position you adopt in terms of body language. Every movement you make towards a woman, the way you pay money , the way you drive a car, the way you sit and wait , the way you stand , everything down to how your face moves when you talk is constantly sending off signals to people, These signals will either turn off women or turn them on to you . Now I'm not only talking about the minute details. I am talking about the big things too, how you have sex , how you approach a woman, the things you say . All these things have an impact on the end result.

Every time you do something right and get the desired outcome. I want you to repeat it and improve on it. Every time you do something that ends in a rejection, I want you to sit analyze and correct it .

4 Getting out and about

So far I have basically focused on turning you into this lean mean female attracting machine. Which in a perfect world would mean that women would be flocking to your feet by now... HOWEVER ... (I keep saying that) HOWEVER!!!! It takes two to tango ... so all this being a super alpha male that I have outlined Hero to the masses guardian to the weak feeder of mouths provider of luxury goods chicks want Isn't enough because it's not like a computer game... you can't just turn it on and get a result. You actually need to get out and about and interact putting everything you have become and all your tools... Into an interaction with women until you get the desired result!

Now between getting out and about and getting the desired result you also need to learn to approach women which is what too many guys have problems with, but that's a whole chapter on its own .

So getting out and about. One of the most ludicrous things I've ever heard is how guys complain they don't meet girls and their idea of meeting a girl is while they are sitting on the train the right one will land in their lap. This is one of the two biggest obstacles to guys getting together with a girl. It's not understanding you need to get out there and get active... The other is that most guys don't get that the same way you have some sort of requirements so does she... Guys can't gauge themselves... are you a 1/10? A 10/10? Is your body / your wallet? Your fun rating a??/10

On a side note. I had said a month ago or so when I was preparing content for my new youtube channel about all things relationship orientated if anybody had any questions. So my fans asked away and I asked a friend who works solely with guys who want to pick up women if I could ask his fans too ... so I said if you could have any question answered what would it be on how to become the perfect pick up guy... And this guy says. IVE ALWAYS HAD ONE QUESTION CAN I PICK UP A BILLIONAIRE CHICK WHO IS HOT?????? At that point I was like damn ... you see all these people teach pick up by telling guys to lie to themselves and fill their heads up with straw so they can try and get a chick... without actually understanding some basic fundamental principles What are you offering to her? Where do you stand? Gauge yourself.....

It's like saying im a moron.... Can I understand Einstein's theories???

Anyhow I digress

So back to what this chapter is about ... Getting out there ...

There are many different places where you can meet women and under many different circumstances and depending on the nature of the place you will have different encounters.

I will list a few to help you out in deciding what you are heading towards and how to begin...

1 places where you have things in common such as churches/religious places, community gatherings, charity events, gyms, friend's parties, work conventions of types etc. etc. these places are good because the door is open to you approaching women, simply based on the fact that there are common grounds and they don't view you as a complete stranger

2 Totally cold approaching places, where you don't have a foot in the door so to speak clubs bars discos the train the beach the street the shops etc. ...

The benefits of the first are obvious over the second... However you can't always be in a position to have it on a plate.

You must also have in your mind a clear goal as to what kind of woman you will attract. An alcoholics anonymous meeting will render different results to being a male makeup artist backstage at the miss world competition Extreme example but obviously going to an s&m themed night club will yield different results to going to church

At this point I also wanted to point out that subcategorized there is also meeting women at night time and during the day.

In theory there is no difference between day time and night time in the sense that you have an X amount of attraction which will cause a woman to like you and respond or dislike you and reject... Bearing in mind you would do the same steps during the day as well as in the night...

HOWEVER (there's that word again) that is only in theory. In practice factors make night time a much more seductive time, people are drunk , people have a mission at night, nighttime is more erotic more forbidden , people are more daring let their guard down , etc etc etc ... There is also more competition at night time however because everyone is on peak form...

My theory is it doesn't matter when or where if you see a chance take it. So why am I telling you all this then, well basically so that you can choose your plan of action Depending on what type of woman you are looking for and what kind of resistance you think you will find along your quest for what you want to achieve....

As a small parenthesis to this section I thought on adding a small part about approaching women online... Now as backward or hopeless as this may sound. It actually is a very valid question that I have heard from a lot of guys. There's nothing really wrong with let's say randomly writing to a girl on Facebook. That has mutual friends or whatever. However bear in mind that a) she probably gets 100 of these messages a day and b) Most women on Facebook are suffering from some retarded princess syndrome since they post up photos that look nothing like themselves and get an infinite amount of likes....

If you want to piss about and try your luck go for it ... The simplest way to do it is to open the conversation with something different and interesting that she hasn't heard 1000 times before. Look at what most guys would write and write something totally original compared to the normal dribble such as OMG YOUR SOOOOO HOT.... Or HI HOW ARE YOU Try and come up with something original as an opener and have some proper conversation piece in your mind.... With a goal... don't just open up get her attention and then talk about the weather for an hour... at the same time... don't open up get a reaction and immediately say IM SO BORED PLEASE LETS MEET UP IM LONELY AND MISERABLE.....

Be imaginative... The best part of this is that even if you get stuck it takes long to type stuff up so it buys you time which you wouldn't have in real life!!!

In a sense the stuff that works from the following chapters about how to approach and get a result can also be applied to the online version of things albeit modified. With a bit of effort and thinking you can advance this advice into results As I always say I'm not going to list you 1000 ways to do all this but give you the tools to help yourself be able to come up with a good STRATEGY for every situation you will find yourself in.

5 how to approach

From all the chapters I think if there was one chapter most guys wished they could download into their brain ""matrix style"" from the movie ... It would be this chapter... How to approach... This is the single hardest thing most guys can't change about themselves ... They get stress anxiety waste all night and don't make a move etc etc etc the list is endless....

Now before I get into how to approach.

Let me give you some simple advice.

If you can't do this and you're not an approacher then go to strip clubs! Might sound ludicrous but it's the best practice for quite a few reasons. Number 1 you will get approached and get to the meat of conversations so you will learn to practice how to talk to women. Number 2 you will get used to talking with hotter prettier women , so that it won't be alien to you and when you are in the presence of other good looking women under different circumstances in a club or in the street or wherever, you won't act like a dribbling gibbering idiot because you will be in familiar circumstances. Number 3 You can get some real feedback as to what you do right and wrong as it's like a simulation. Lastly you'll also enjoy it as opposed to feeling like a chump sitting in the corner of the bar alone ...

Anyhow let's get back to the real world scenarios of how to approach

Really the bottom line is just do it. Breathe in breathe out don't waste time and do it so it's a natural reaction. The longer you wait The more you build up the event. The harder it gets the worse it gets and really it doesn't serve any purpose to your success in the scenario. All your doing by delaying the approach is basically telling yourself that you are not good enough! So drop all negative self-talk and just make the move... Now what is to be said and how the approach is handled is like science you have to do everything correct with precise accuracy people will talk about thousands of different approaches and concepts however what I believe here is you need an approach that suits your CHARACTER! The one that you have hopefully improved and polished off... For example there's an approach where you offer your outspread hand to a girl from far away without saying anything she gives her hand to you and you start dancing ... Good opener ... great icebreaker .. Not too intimidating and not too much pressure placed HOWEVER if dancing isn't for you, then this approach isn't for you ... Each character has a certain approach.

The main elements for a successful approach are

- a) Don't be desperate!!! WOMEN CAN SMELL IT ALLOVER YOU IF YOU'RE DESPERATE AND JUST WANT / NEED SEX!!!! If they don't just want the same thing then you have just destroyed your chances of working up to that. So never approach with that single thing in mind ... Unless you are ultra-hot and she is gagging for it in which case you would have an immediate connection. Otherwise most women think along the lines of maybe this can turn into a relationship and if she can smell you're a ""player"" or you are ""desperate"" she will turn around 180 degrees . You need to be genuinely interested in her. When you are genuinely interested in her as a person she will act totally different. It doesn't matter if she plasticked her tits out to TRIPLE DDD she still wants to feel like you're not just another guy who wants to play with them..... Girls will wear short skirts till you can see up their gash and have their tits hanging out and still want you to be interested in THEIR PERSONALITY!
- b) Your appearance must be appealing Gauge every action that you take on your way to approach and gauge what you look like and come across to her as. If you walk up to her and start to mumble stutter spit on her and get confused drop your drink and piss your pants then you need to go back and analyze and fix. Look at the guys women have as idols Do you come across like that when you approach? Are you a Brad Pitt Or like Steve Urkel ? SMILE, SHOW CONFIDENCE, LOOK LIKE YOU HAVE DONE THIS 1000 TIMES, CORRECT YOUR BODY LANGUAGE AND POSTURE, ACT NATURAL, LOOK LIKE YOUR ENJOYING THE CHAT AND HER COMPANY ! ACT LIKE AN EXEMPLARY GENTLEMAN. LIKE A FINE SPECIMEN. SHE WANTS 007 JAMES MOTHERFUCKING BOND. But don't forget it's gotta be real
- c) PICK THE CORRECT TARGET! I know this should be first on the list but if you do the first two correctly it doesn't matter if the target was wrong it could turn into the right target! Gauge the situation. You have to learn to do this... (People who want to brag that they are pick up masters will say they can even get girls who are with their boyfriend.... To me that's just douchebags Of course if you learn simple tricks you can separate a weak boyfriend from a gold digging bitch who just wants any guy that could offer more than what she has ...) So what does gauge the situation mean... It means is your target the correct one... Is she wearing a ring? Is she with a bunch of friends? Is she bored? Is she lonely? Is she wearing clothes that are desperate for attraction or shy and saying leave me alone? Now I'm not saying lots of married women are probably gagging for it and can be an easy pick up but do you really want to get into that mess. So pick your target wisely ... Analyze the situation AND

LOOK IN HER DIRECTION.....You can jump out of the blue and startle her but personally and this for me is a great way to open the approach is to smile. If she smiles back then boom! Don't waste time go up to her If you waste time you lost it look for another target.

Now some guys use the ape like approach they look in her direction get noticed then ape around walking to her making noises and go with an opener like HEY BABY ... I seriously recommend against this approach

The best direct approach is to look at her, smile and get a reaction and go up to her Now this isn't always possible but in 99% of cases it is

In a way the clever thing about this technique is that by smiling and getting a smile back, which is a subconscious reaction (even kids do it!) You have opened the door for yourself, she has let her guard down and has invited you in. The smile was the bait and hook and her smile back was that she bit it So you walk over and You have a few ways of doing this

Firstly The direct JAMES BOND APPROACH... now you have to be motherfucking charming to pull this one off all you need to do is just simply introduce yourself and add I couldn't help but notice *insert a compliment*.... Now some girls will be stunned by this ... But unless you really stand out you will come across as another boring chat up wannabee....

Second method is to take the weight off the introduction by coming up with something funny or interesting or something she has never heard before as an opener... BUT IT NEEDS TO BE CHARACTER BASED... IF you could pull it off ... like me for example, it could be something as silly as when I saw you smile across the room I could have sworn you were missing your two front teeth so I just had to come over and check.... Stupid yes but a good icebreaker that I could pull off (I just made that up right now btw) Or something as simple as you look like you are having fun... Finally too many grumpy people in here! , Elaborate the conversation about how she is a fun character before you jump into the I'm bob what's your name ... Nice to meet you Suzy what do you study.... Do you come here often

When you go straight into that it kind of blocks the road

Either approach you choose depends on gauging the target some women you should approach in one way ... others in another way.... And also using the environment or what she is wearing to your advantage

Another approach that is quite easy to do is the accidental approach Find your target and stand next to her by positioning yourself in the right place around the room and casually lean over and open the conversation with something so relaxed that it doesn't pressure her with the normal hi what's your name do you come here often ... Something like My god I've been waiting for hours to get a drink (if applicable) Or ... Do you like this music? My god I wasn't expecting them to play this crap tonight ... Or whatever takes the attention off you and her and places it as idle easy going chit chat. This method might take 3 minutes to set up when you notice the mark standing next to the bar ... or a week when you heard from a friend she is going to go to a football game and you invite yourself to give yourself an excuse to be in the same group of friends ! It's all about thinking and strategy Using this approach you will catch her off guard the problem with the more direct approaches where she knows you are approaching her is that she might start playing with you or be too defensive etc etc... When you approach from the side using an accidental approach the guard won't be there so you have much higher chances of success....

You don't need any magical mumbo jumbo and complicated technology, some people will tell you there's new techniques and hypnosis like magic to it ... I'll tell you bollocks. I've had more hot women than most guys have masturbated to, I've got a perfect 10 as a wife and have the perfect ideal life.... It's not about some super-secret technique. It's about being real improving yourself and presenting yourself in the correct way ... SO to recap

1 Don't be desperate 2 be appealing both in character and in appearance 3 pick the correct target 4 smile and approach when you get the ok or place yourself in a ninja like position for the accidental approach It's really really that simple

A side note is approaching with a wingman ... you can always pull the shy guy approach where your friend goes up to her and says my friend POINTING TO YOU has been busting my balls all night cause he thinks your gorgeous ... But he is so shy (this works in the strange way that she senses the compliment and wants more and more attention too and at the same time being told your shy makes you seem harmless to her so all the more reason for her to want to meet you) At this point your wingman should also find the chance to throw in a side note of I don't know why he is so shy , he is rich / good looking / successful / whatever it is that you do that is attractive... in this way he has already given her a reason to invest her time and energy in you as she believes you are a good catch ... This method of either a wingman / friend or you in a subtle way talking about why you're the best thing since sliced bread is a really important action as women always want to have a reason why you stand out above the rest.... They don't want a normal guy they want a super hero.... The media has ingrained this in them Anyhow more on that during the actual getting results process.....

Some other scenarios you may be confronted with are

“Approaching a group of friends” This is a scenario I find to be a little bit complex in that I always like to think if other people really want someone in their company.... On the one hand you can add fun and be interesting if you have a lot to offer and have a laugh with the whole group ... On the other hand if you personally was chilling with 3-4 girls and 2 of your friends do you really want some ass joining your group??? So as always you need to gauge this carefully.... I find that if a girl shows interest to you then you could move to isolate her from the group and get to know her.... Or if you could entertain the whole group and let them choose who wants you or lastly if it's a chilled out kind of environment and there's pockets of talking going on in the group and you feel welcome to join in

So the bottom line is to gauge what you are trying to approach. Now taking into account what I have said above if for some reason you are led to believe your life will never be ok if you don't make an approach where the desired woman is in a group. Then you have a few ways to do this.

First way approach the group as a whole and get invited into the group then working your way towards the one you like. A sample approach would be along the lines of right check this out guys and perform a party trick of sorts that would get you noticed by everyone... it has to be something pretty spectacular to get everyone interested enough to let you in. It works better if it's an all-women's group as you can play along with the idea of “entertaining” all of them I would do this with a guy in the group as it's like your overpowering his authority in his group ... instead work with him (outlined in the 4th way) ... One thing you will notice in a group of women only there will probably be some head honcho chick who will screen you and make the chicks answer to her and follow her lead.... Get in her good books and you can have the one you want ... Identify her early on but don't give her signals that you like her ... Just give her the signal that you know she is the head chick so she doesn't come between you and the target Every head chick has a different way of being dealt with... sometimes you need to ask her “permission” Other times you have to satisfy her ego with attention until she is full of attention and then you can move to your real target.

Second way would be again a bit of a ninja approach in the sense that you position yourself in a way so as to strike up a conversation with the specific girl when she is isolated from the rest of the group in the sense that she may be on the edge of the table or on the end of the girls are the bar or on the outside of the circle if they are standing around

Third way is a tradeoff between the other ways in which you would catch her talking with only one person from the group and you don't approach her, but you approach her friend and ask

her friend for permission to steal her for half a minute.... In this scenario it would have to be a hit and run in the sense that you would either get her phone number, or you would have to get her away from the rest of the group by telling her to come with you to the bar for just one drink... In a way this works as by getting permission off her friend you seem to be more trustworthy to her. But you need to make a good impression using this technique as you have limited time.... In the first two ways you get access to the group in this way you only have access to her... However if she likes you enough, she will say or you will bring the conversation around to you joining her group and her friends when you get back to it from the bar.

Fourth way is if there's a dude in the group, that's a direct bro to bro approach there. You don't need much he is like the gate keeper you don't need to solve riddles and shit he will just bro you in and arrange it all with him find out if she is taken and he might even wing you and vice versaPlus it can help him isolate the one he wants because you will be preoccupying the others...

Approaching a group can be fun if done correctly because you get to meet new people too Follow the above advice and don't try and one up the 240lb skinhead by showing his girlfriend you have a bigger tool than he does in your pants when he isn't looking

“Approaching the hottest woman around” Come on let's face it ... this is why you bought this book ... You want the perfect 10 you want the one everyone wants and turns heads like mad..... You want the one even the women can't keep her eyes off... Well The truth is if you've done everything right up till now that I've mentioned and you're up to her standards then there's no reason why you can't.... If she is a perfect 10 though... you gotta be in her eyes too Or at least close enough.

Basically There are two types of 10's The ones that know it and they are shit characters because of it and the ones that don't realize it whatsoever... In fact ironically many 10s are shy and don't have that much self-confidence due to the fact that they are not hit on so often or they compare themselves too much. It's like boxing... If you're ranked number 5 in the world you have to compare yourself to the guys above you ... then you have to also compare yourself to past legends If you have never stepped in the ring it's easy to be more of a Baddass than Tyson and Ali

So how do you get the 10? Well the approach is pretty much the same however it can go one of two ways either you land with a 10 who is thrilled your chatting her up and gets overly excited ... Or You land one that knows it and you have to change your strategy ...

Talking about 10s btw there's 2 levels of 10, there's the ones that look like a 10 because of the other women around them being dogs... Or there's the 10 which is an international 10 and no matter where she sets foot she could get a model contract....

Either way if she likes you and your lucky enough to have landed on the sweet 10 then you don't need to go down this path... however if you aren't that lucky then you have to do some things to get her interested...

Number 1 In no way should you show her that your gagging for her ... If she realizes you're interested... The game is already over, to a 10 the fun is having guys grovel and run after her... once you make it obvious that you are running for her then she won't be bothered to do much apart from using you as a dog... she throws the ball in one direction and watches you run.. .then throws it in the opposite direction and watches you run again Having said that this can apply to all women not just 10's however with a 10 it's more evident Instead what you should do is show her you're not THAT interested. Make her feel like she isn't THAT gorgeous! Instead of the normal compliments make her subtly feel you're not mesmerized by her beauty in fact you haven't even noticed it! Don't go as far as telling her she is ugly lol no definitely not... In this way she will feel you're different and want to impress you as she will start to worry maybe her charm is wearing off For these women it can get quite boring if she gets hit on routinely constantly by tons of guys ... none of which stand out All off which are begging for her ... Don't be another brown noser.....

Number 2 do not let her control the ballgame, make her have to work for you. In most healthy relationships it's give and take... In some relationships the man assumes role of provider / carer however in every scenario without realizing it... someone pulls the strings and the other abides by the rules... Sometimes these are a little bit invisible and sometimes they are more evident either way when you meet a 10 the normal thing is that you immediately step into her world... she is the princess and the ball is in her court... you need to break this feeling as soon as possible.... By not playing her game she feels helpless as she won't understand why she has no power over you making her try harder for you to be impressed by her. How is this done in practice?? Basically you need to reject her commands towards you ... For example to assert that she has control over you if you manage to get into a deeper conversation with her. She will most probably off to the toilet and command you to wait here... Don't sit there like a dog... Talk to her friend or go to the bar in the meantime... Let her stress a bit when she comes back... If she has already moved to another guy she was playing you all along As always this is one of

many examples of how subconsciously she would command you The rest you have to spot and figure out for yourself... It's really like a game of chess

Number 3 you have to show her you are better than the other guys and that she wants you and that she needs to run after you. Not the other way around! You see again most guys make the mistake of placing themselves below the 10 on the ladder. So it's like omg you're so amazingly lowly me really wants you... It should be you place yourself 1 rung above her on the ladder so it's like she is thinking shit I need to get this guy he is the catch I have been looking for all my life....

Now everything I have mentioned above should really be in the next chapter on getting the result you want but no harm in learning it beforehand since it came up. I have mentioned the you should do ... but the actual how to do it needs a little more explaining. The basic method you have is either by PROOF or by STORIES ... For example you or a wingman will improve you in the eyes of women through the use of subtle stories.... Whether you tell them or he tells them about you makes no difference but the point is to include something in the story that shows you are desirable of higher standing than other men and more of an achiever. For example wearing a diamond bracelet or watch worth a good 10-20k is a surefire way to demonstrate this ... Or steering the conversation towards your car / hobby and then pulling out the phone and saying let me show you Or even simply telling a funny story or an interesting story "when you were on holiday in an exotic location" "when you were with your friend who has a recording studio and you were chilling all day with the famous band" "when you first got really scared about speed when you drove your Ferrari" all these stories and proof shows that you have achieved what few others have done and the ones that have are more desirable.. This will make her want you more. Obviously don't sound like an asshole that's blowing his own trumpet? You need to do it subtly Not hey baby my name is bob and I make 100k a year as a stock broker.... Even if you get rejected throw it in there... Ok sorry you don't have time for me I'm gonna go drive home and feel lonely in my Lamborghini ...

I must admit that section should be in the next chapter but that's ok we have covered how to approach and how to go a bit deeper into getting a result with a 10

Lastly "Approaching in the street" This one for me is a bit of a weird one I really don't like the idea of randomly hitting on women walking past hoping that you're gonna get lucky. Generally people who are going somewhere have got better things to do than hope Mr. perfect lands on them ... Not always but generally. So my advice is dude there is a time and a place for everything ... What is the point of picking up a chick walking in the middle of the street other than just to show you can do it??? For me interactions with any person is like driving a sports

car, focus and give it the respect it deserves... Don't just run in the street half assed hitting on a girl

However there are occasions where you will be social in daytime outside.. Either on the beach or in the park on the train airplane in a shop or wherever. Generally I find that you don't need such a strong approach in this scenario as the mood is quite chilled and there is always a focus on something which you can use to detract away from the normal awkwardness of the club and the stiff cold "hi I'm bob" that you might feel you are tormented by in the club.....

It's much simpler just to comment on something as an opener.... For example Did you see that oh my god, that guy jumped off the rocks into the sea what a nutcase All these dogs shitting everywhere in the park I hope we don't step in any Are you scared of flying? Do you think I'll look good if I go out with a ballerina tutu I'm not a drag queen... ETC anything can be used as an opener in these circumstances and very easy to move on to the next level from there on!!!!

So get out there and just approach, make it fun, view it as if you're making friends and meeting new interesting people!!! Don't have it in your mind that I wanna get laid I want a gf I don't want to look like a weirdo talking to random women ... oh my god what if I get rejected... etc etc erase that self-talk

6 How to get the desired result

I try and minimize everything to get to the root of how to win with women. A lot of people get lost in techniques or methods or which approach is superior or has given people better results and quote names people have come up with for approaches how should i DV why is my dhv not working... Do I have ADHD? You're not playing a game of bloody knights and magic RPG and your thinking of which skill you're gonna use next on her. I tried to use a dv but it didn't work. What the fuck dude you're not pushing buttons here waiting to win your computer game. You and her are living breathing beings... There is no secret maneuver to getting her ... Its just simply teaching you how to behave which will increase your chances because you are doing the correct things women like .

Do you understand the difference? I'm giving you a pot and ingredients and a recipe... I'm telling you to cook in a certain way and it will be delicious... I'm not telling you that there's 3-4 herbs and if you add them to any dish you'll be the world's number one chef... There's no such thing! If you put fresh basil on dog crap ... Its not gonna turn into the meal of the century!!!!This is why I try to keep it short and teach you how to identify what you need to improve on instead of telling you go up to her and say exactly this do exactly this and you'll get laid... Cause you won't ...

So talking of getting laid on to this chapter ... Getting a desired result... Which I'm assuming for most of you at this step is to get a phone number which will hopefully get you laid!

This chapter is basically about how to move from managing to get her attention with a decent opening to actually getting her to be interested in you all the way up to getting laid and if you or she wants to meet again. This chapter follows some basic guidelines and it basically goes along developing rapport and a mutual attraction.

Once you have identified your target made your opening and got your conversation going you want to proceed to a desired result usually 1 leave the club and have sex 2 get a number to meet up with her.

This part is the most technical as you are basically pulling invisible strings here to make yourself irresistible to whoever the woman opposite you is. This is the difference between getting laid and getting friendzoned.... The easiest way to avoid getting friendzoned is by making it sexual as fast as possible or at least let it be known those are your intentions! Don't ask questions like how can I get out of the friendzone.... Time machines don't exist ... There's no time like the present Women think wrongly that if you are friendzoned they get all the benefits of a relationship whilst being able to find a man to shag them... without having to put out to you...

Why on earth would they want to reverse that once they have it ...Is it possible sure you can reverse it but you need plenty of alcohol ... Some sort of mischievous plan which involves going away just the two of you on a pseudo date..... And making her believe there are benefits to be had by fucking you as opposed to just milking you for what you're worth... If that fails then pull away she will get the picture after you've disappeared and maybe had another thought about it In which case repeat the scenario again and you might get lucky... If not ... sod it Don't waste too much time on chicks like that ...

So as we said number 1 Shagging number 2 phone number... Our 2 desired outcomes

To get a phone number doesn't take long but to get a phone number that is real and get her interested in you takes pretty much the same amount of effort as getting laid ... The difference is that by getting a phone number as opposed to sex... you are prolonging what you would do in one night over a period of time... This isn't actually up to you since it really depends on the girl's character. I don't think any guy should ever have it in his mind to say. Right I'm just gonna go for a phone number. Your gonna keep going on and on until the night ends in either sex or a phone number. But that should be at the end of the night. Don't be the kind of guy who tries to get 20 numbers bouncing around the room to choose what you want ... This is ok at parties when it just shows interest, i.e. a house party with 50 friends of which 20-30 are mutual and everyone knows everyone... Because there your networking... But when you're in a club or another place invest in one person until the night ends with a result or you get blown off and move to another chick... This way you are guaranteed to know where you stand Much better than going home with 4 numbers 2 of which are fake and the other 2 of which flake on you after cause they didn't feel anything when they gave out their number other than simply.. WHY NOT.....

So After your successful opening where do you go from there? Well you want to establish 3 things 1 make her feel safe around you (No one is going to want to let you take them home if you come across as an axe wielding maniac) 2 make her feel comfortable around you (If she is gonna take off her clothes and you see her butt naked she won't feel comfortable with you looking like a dribbling sleazebag perverted old man) and 3 and most importantly you need to create rapport. This is the most important part. The basis of all relationships is rapport ... this means resonating together having a harmonious interaction. When you create this the other 2 fall in place and pretty much vice versa.

So to get from hi to harder harder harder and achieve the above 3 things You need to follow some basic steps Below I will outline the steps as a title and the description in more detail about how to do each step

1 start to make her interested in you

Basically this part just entails biting like a Pitbull and just keeping her there with you block out other guys.. If you get the douche coming in you just need to deflect him. Be witty don't be aggressive. The more you handle this situation with tact the better you look in her eyes. Even with a cockblocker ... Ignore the cockblocker and focus on your target. (I remember one night I was standing at the end of the bar with a girl who just finished working (she was a bartender) and a mate of mine comes in drunk and decides to pull the mother of all cockblocks on me he happened to know both of us and he was just talking about wanting to go to a club and I was waiting to go get laid Best way to handle it a) be assertive like you're a couple already for example maybe another time dude were gonna get going now and b) focus on her whilst ignoring him After 40 minutes we managed to get away from him ...) Also telling him you'll be with him later or you'll call him tomorrow or whatever maybe countless ways to mitigate the cockblock attempt. One thing not to do is act like a douche too... show superiority... show you feel uncomfortable and you will look like your better than him and never show that your intimidated. Anyhow I digress.... Back to making her interested in you You have her there and you have to make the most of the chance you have from the opening you presented yourself with. In the next few minutes you need to solidify that interest by asking a few simple questions that would make you look like you're interested in her without you being nosey ... Also don't focus too much on you so you don't look like an egotist.... Compliment her so she realizes you're interested and that should be enough to kick you to the next level where she wants to know more about you and you get to move from the 3 minute mark to the 20 minute zone. Now with a woman who is full of herself like I said in the previous chapter about a 10 you don't want to compliment her you want her to run after you But with the normal chicks when you compliment them, they like you because it's their nature to seek confirmation.... You confirm to her what she wants to feel and she will want you there for longer because you keep making her feel good about herself confirming to her what she wants to hear... Now don't be a brown noser ... Something as simple as what a lovely name (if it is) will suffice at this point , you don't want to start with the OMG YOUR SOOOOOO GORGEOUS I'm sure she either knows that/ knows that you're lying/she is deluded/heard it 10000 times before. So be original with a subtle compliment that makes her smile and you look sweet..... Or even just something that shows you enjoy her company..... Another way at this point when you realize she is more interested, is buying a drink this will keep her with you for the duration of the drink ... (hopefully if you do it right) Generally at this point after the opener, is where you will either get rejected or get a foot in the door and the conversation starts to flow. A good piece of

conversation here is to try and find something unique to her that you noticed that shifts the focus on to her and that makes you look like you care because you noticed it and you get a chance to compliment her also.

For example “Your bracelet is so unique, it’s gorgeous, it suits you I bet you have a story behind that, I couldn’t help but notice it “you make sure she will tell you a story so you bought time, she likes the fact that you noticed and she likes the compliment... TRY AND MAKE EVERY SENTENCE OPEN TO ANOTHER ... don’t cut them and close your own doors. For example... nice weather, its hot in here I’m sweating or the music is loud are dead end sentences.... Whereas what job do you do even though it’s so cliché actually opens to something else even if it’s a boring and overused line At this part of the conversation you are basically still trying to survive because you want to seem interesting without either a) seeming like an asshole by being too over the top ... or b) seem boring because you are remaining conservative and not assholeish If you have done all this correctly you will buy yourself enough time and realize you have a flowing conversation going which brings us to part 2

2 make yourself seem like a catch

This part is where either you make yourself seem like the best thing since sliced bread... or a wingman will... The way you will do this is by dropping the mother of all hints in your stories (or your wing will) As I have said before you need to have the real character to back up these claims or else you will end up looking like an ass over a period of time when she realizes your full of shit So have the character and walk the walk. So that you can actually talk the talk when you need to in this section. How do you do this? Quite simple drop hints in your stories by making it a side story for example your talking about what food she likes talk about a side story that involves a famous restaurant you went to ... Or another country you went to and you ate that specific food ... She is talking about travelling to work, mention a story about work money etc that makes you look impressive in her eyes..... Or pull out your phone and say let me show you ... Show her something impressive, or even have some even more impressive photos on your phone that accidently come up , no cock photos ... You go to show her your dogs.... And you swipe to the right 1 more than you should and accidently show her... NO NOT YOU’RE COCK.... Show her a photo of you with something that makes you look rich or with someone famous or whatever..... When you do this, she will start to feel like hmmmmmm you’re a catch which will buy you time

3 dig out information about her without her realizing

This section is intertwined with the previous one so as not to make it look obvious but whilst you're making yourself look larger than life with your stories and being interested in her stories your actually mining information.... What she likes to eat do where she likes to go etc etc etc etc so that you can use all this information to your advantage either by making yourself look like you have an interesting story and drop another BOMB HINT or by using it to create strong rapport as outlined in section 4 underneath... For example she tells you how she loves dogs bang you use that to your advantage and tell her the story about how you saved a stray

4 Agree with her to get her excited about how you're both on the same wavelength

One of the most powerful things you can do to get women excited (not sexually) IS to agree with them ... You like taco bell **OMG I LOVE TACO BELL WE NEED TO GO TOGETHER... YOU LIKE THE MOUNTAINS **OMG WE NEED TO GO TO THE MOUNTAINS TOGETHER I LOVE THE MOUNTAINS**** And so on and so forth this is a simple trick but pretty much secures the deal that you two are so alike that she trusts you and feels safe and comfortable and you're a great guy... **AFTER ALL IF YOU'RE THE SAME AS HER YOU GOTTA BE GREAT RIGHT!!!!!!!**

Anyhow what I have outlined in the past few points is the basic way to keep her there all night wanting more talking and being more interested in you just keep rotating these points and you will keep her there with you talking and talking.....

Now obviously this is aimed at up to the first 40 minutes of conversation in a bar / club environment if you haven't got so long you because you are in a different setting / at the gym or whatever you will need to condense this into about 15 minutes play less with the impressive stories play more with the sharing interests and get the phone number and move to the dating chapter 7 or take her out at night somewhere and start from number 1 again at night!

5 test her out to see how she feels about you sexually

Now you shouldn't do this too soon, definitely not before the 40 minutes -2 hours mark And this has to be really subtle, what you do is through different actions find out if she likes you or not, to gauge reactions, if done correctly she will reciprocate and the bond will start to get stronger for example..... Ask her to show you her nails, take her hands and hold them with your whilst you look at her nails... She her reaction as you hold her hands. If she is next to you move closer pretend you're tired about something and put your head on her shoulder for a split second. See if you get a reciprocated reaction...

Now these are person specific... If you're a softy kind of guy then the head on shoulder approach would work, if you're a fitness guy , then an approach like show me your muscles, start to poke her abs and run your hands up and down them would work... As always you need to gauge your character and how you fit into this These tests can take any form ... From questions like so what do you like in a guy and see if she points out something in you ... To physical touchy feely to sharing a platter of food ... the options are limitless you need to be able to read her reaction is it warm or cold... The warmer it gets the better... If it's too cold your either trying too hard, or it was too fast to move to this step...

In a sense this part is the flirting part... If you're a master like me then from part 1 to part 10 its all flirting, but for most people follow the steps and at this point you get flirty.....

However you don't want to do this part too much because a) you're not gonna shag in the bar so don't get her too wet, and b) it gets tiring after a while for her and she might think your just sleazy..... The only time you want to do this is after you go somewhere ELSE in part 8 because then it could easily lead to sex... It's like getting a boner 4 hours before... IF you're a master you will have her wet for 4 hours... But if you're not, she will lose the horniness.... So don't prematurely turn her on!

6 go back to talking, all the while making yourself seem like more of a catch and agreeing with her more on things to increase your connection

So instead after the tests you rerun the same cycle again, make yourself look good, find out more about her, get her excited about you same old same old and you will build up a snowball effect... Like a snowball down the cliff, it gathers momentum and gets bigger...

JUST READING THIS YOU SHOULD BE FEELING LIKE YOUR HAVING FUN! You see most guys miss the fun part of chatting up , because they just think I wanna get laid, or im scared to get rejected so I don't wanna approach.. NOOOOOOooooo this is fun So don't worry about it, go

ahead and do it! Anyhow once you've built up that snowball it's gotta move somewhere so on to number 7 below.

7 go somewhere a little more isolated in your current environment

This part is really important because if you have been rooted to one spot all the time, she won't feel comfortable going to your place or hers, because it's felt like an interview... So what you want to do is take her out of your current environment and go somewhere together. This creates a bonding and trusting effect. As stupid as it may sound it's really important...

Go outside for a cigarette for fresh air, go to the bar for a drink, go to a corner that's not so noisy away from the speakers, go to the dance floor to watch and then back to your seats again You gotta do this ... So she feels like she is having some fun with you, so that you demonstrate a bit of leadership quality and so that it feels normal to go somewhere with you If you have been sitting in one place all night it's really hard for her to think all of a sudden back to yours... Cause there is no flow... So just do it think of mini missions to do inside your environment and this will definitely set the mood for something more to come...

8 focus more on a connection and hint at going somewhere ELSE

At this point after your mini missions you want to end up somewhere more quiet in the club or more isolated, wherever you are, and you want to make the tone a bit more sober if you have been laughing and joking all night she might not take you so seriously if you keep pissing about and then come out with so you wanna go back to mine ... Whereas if you turn it down a little and say something more serious like are you getting hungry shall we go get something to eat? because no matter what time it is, if you managed to spend the last 3 hours she would logically be hungry !!! You have more chances of getting a yes.... Also a little bit of another flirt / test should be avoided at this point because it's like saying are you up for sex?? So if you have done that 2-3 times already and she has reciprocated properly ... you don't need to do it at this point Also if she has had enough alcohol it's a good excuse to say let's go get something to eat but don't mention I'll take you home to her just yet because you'll blow it ...

AT THIS POINT IF SHE FEELS LIKE SHE IS GONNA GO SOMEWHERE WITH YOU LIKE FOR FOOD AT 12 AM 2AM 4AM ITS FINE! IF SHE FEELS ITS GONNA BE YOUR PLACE OR HER PLACE ITS TOO SUDDEN A SHIFT AND YOU WILL GET REJECTED!

If you suggest the food and she says I'm too tired then SAY, I'll take you home it's safer... If she agrees then suggest what about my place we can chill out, if she says no, then before you drop her off ask again, do you want some company or are you sleepy.... She might not have felt comfortable going to yours but feels cool with you going to hers... So you need to try subtly but don't come across as pushy....

It's obvious she likes you if you have spent so long with her already!!!!

If this fails then read on number 9 below how to get the number and arrange (you would have got the number probably before in all the conversation but either way below is the proper way to get a number and say goodbye/ arrange the next meeting)

9 If you get a number, that's good you will go home on that note she will also go home separately and you will continue the next day from chapter 7 If you get to go somewhere ELSE do that and things are leading closer to the sex part

Now Something I wanted to outline about the number... A lot of people treat getting a number and then cutting it off there and the next day begins, maybe I'll call maybe play it like this and all that crap.. NO this I don't agree with... whatever the scenario in which you get the number be it here because it didn't lead to sex or in the cafeteria at work and you only had 15 minutes in which to get the number.... ALWAYS MAKE A PLAN WITH THAT NUMBER.... DON'T JUST GET A NUMBER... YOU GET THE NUMBER.... (Don't give her yours only because she might not call) AND MAKE A PLAN.... For example, I'll call you tomorrow for coffee. I'll call you tomorrow for the cinema.. etc etc So theres a connection an anchor to today's meeting and tomorrow's meeting it keeps the flow going ... It's like buying food when you're hungry... If you go shopping when you're hungry you'll buy 3 times more... If you close the deal and arrange while its peaking between you two then you'll carry that over to the next day, otherwise it's a bit of a dead fumble.... Strike whilst the iron is hot, make the date get the number put it in your phone in front of her, and tell her I just left you a missed call so you have my number. That's the perfect way to do it!

10 From wherever you are it's about time to make your move and either say do you want to come back to mine for a coffee movie or whatever the fuck you're gonna say.... Again if you just get away with a number then the next chapter continues the dating game or inviting her out the next night means you start all over again at step one. If you get to go to hers or yours then continue with point 11 ...

So as I outlined before inviting her back to yours is quite simple, if she has actually agreed to leave wherever you guys were and go further with you chancesare you could get lucky,

Scenarios of this type are for example going for a date to a restaurant ---- > let's go to a bar --> let's go to the nearby club...

Or meeting someone in a bar ---> lets go to the club next door ----> lets grab a bite to eat after the club

Meeting in the club ---> lets grab a bite to eat ---> I haven't got any milk I wanna quickly pop to the 24 hour shop....

These kinds of quests really make you move through the motions of dating in one night what might take 2 weeks to accomplish

Or even stuff like lets go to the mall --> to the restaurant --> to the beach -----> to my place or yours to have a quick shower and then go out somewhere at night

So at the final point where you reach the last destination you drop the bomb, MY PLACE OR YOURS??? With an excuse... That was a joke btw you don't say my place or yours... You say it tactfully but you always need to throw a diversionary excuse ...

The sentence should be made up of three parts **1 the excuse why you should go back to yours or hers 2 the actual words my place / your place 3 the excuse of what you will do there....**

The reason is even though she knows you want to pork her those excuses make her feel better due to social pressure or due to worrying about whatever that in her head it's all ok ! Theres nothing to worry about its all harmless fun, it's weird but it's true if you say to them do you wanna go pork she would be like OMG WHAT DO YOU TAKE ME FOR IS THIS WHY YOU'VE BEEN TALKING TO ME ALL NIGHT ... whereas if you say do you want to go back to mine and make sandwiches because it's getting late and I will be too tired to drive soon, then she could very well say ... SURE ! I actually just remembered a funny story where this chick kept telling me all night in the club were not gonna have sex so I was like ok , every 5 minutes she would tell me were not having sex, I was like ok ! And then I was like you wanna go back to my place she was

like I can't, I need to get back to mine, so I said ok shall I come over to yours, we could cook something to eat and watch a movie, so she says yes and at 3:30 am we get to her place and she puts on her laptop with a film pauses it and starts cooking ... I was like I WAS JOKING WHEN I SAID FOOD!!!!!!!!!!!!!! Lol She was like no man I was serious IM REALLY FUCKING STARVING..... But you see the fact that I kept reassuring her we weren't gonna have sex made her feel comfortable enough to invite me round, obviously when you're watching something on the laptop on the couch..... You know what happens next if you play your cards right... But you have to let them drop their defenses with you..... So if they say no sex, you just say ok ... don't get angry don't get stroppy don't complain about blue balls. Just say ok!

BTW A QUICK PARENTHESIS! THIS BOOK IS WRITTEN FOR YOU TO LEARN TO ATTRACT A CERTAIN CALIBRE OF WOMEN PLEASE USE IT ACCORDINGLY! CHEAP FAT SLAGS THAT WILL SCREW ANYTHING ISNT THE LEVEL OF WOMEN YOU SHOULD BE USING THESE TECHNIQUES FOR! RESPECT THE TECHNIQUE AND ONLY USE THEM TO CULTIVATE PROPER INTERACTIONS WITH WORTHY WOMEN!!!!!!!!!!

So to go back to examples of the structure of the sentence that could ultimately get you laid ...

1 I don't think it's safe for you to drive, it's getting late, im getting tired, you must be tired, im getting hungry, I want some coffee

2 lets go to my place / your place

3 for some coffee / food / watch a movie / show you my aquarium / chill out (I always liked that phrase chill out and have some coffee)

So you got it ... You drive both of you if she drank too much or you tell her youll follow her / she follows you whatever, make an arrangement with how your gonna do the cars and

.....

Side note always keep condoms on you, in the car, under the seats, in your wallet, behind the couch so they are accessible at the drop of a hat wherever you may be ... Indispensable advice... I left condoms in 2 places in the car once and a strip in my wallet which I also forgot in the car and I had to run down this chicks apartment to the car in the middle of the road with my boner like a fucking torpedo 20 minutes into trying to get it on

7 How to date

If you like her and you think you have a keeper, well you just do more of the same really! Rest and repeat

The actual part of dating or relationships/marriage really for most people goes through phases of excitement in the beginning followed by normality ...which for many people kills the relationship.

In a sense for some people this is human nature... Getting excited and then bored.... As with children and their toys ... so with adults and with people.... If you know that you are of this disposition no need to hype up the relationship and then dump the girl... You just give yourself grief and headaches in the long run On the other hand if you know you wear your heart on your sleeve, be reserved.... slow and steady wins the race....

Also don't be the kind of guy who gets so excited that you finally got a date you spend 1k on a mini holiday for you two and cause your broke the rest of the month she dumps your ass.... You need to pace yourself and the relationship ... As well as the fact that you have to keep the excitement going surprises all the time, it's like that... No matter how much you work, even if you become a millionaire... you still need to tweak that money, relationships are like that, even after 10 years you still need to stop and buy flowers or a teddy bear or diamond earrings, when she least expects it ... as long as she appreciates it... Don't be a sucker ...

Anyhow that's really more to do with the relationships sections in the last chapter.....

For now let's go to look at the logistics of playing the dating game.

If you received a number or you had sex went home etc you are given a clean slate to begin with taking into account you want to have a relationship or shag a few more times whatever ... You will contact her again ... Now at this point a lot of people say wait a day don't look too excited... Let her call you.. I don't believe in fucking about and playing games like this.... If you like her and you get in touch and you make a plan that's it no need to read between the lines... if the feeling is mutual you got a good thing going... If she is messing you about fuck it move on....I remember one girl who was playing so hard to get, we went out on a long weekend Friday night Saturday day Saturday night and Sunday day We had a blast and she was still playing hard to get.... I just thought fuck that... Im not bothered to play games I liked her but she wasn't worth it to me If she was worth it I would have continued as I knew she was giving all the signals that I wasn't friendzoned.... But something just told me dude fuck this man, she doesn't respect your efforts and wants to milk you and make her feel like she is getting

attention... So I just cut off all communication ... after Sunday... On Wednesday , and Thursday I received a total of 70 text messages ... All of which were the phrase "What are you up to" in every imaginable way.....

I didn't bother anymore.... Lol ... If she is playing games in the beginning she is going to drive you fucking nuts by the end of it Having said that if you really like the chick and she is testing you out... Check the signs see if your friendzoned and if you're not keep at it ... She could be genuinely interested but not playing games just guarding her own interests from maybe ending up with an asshole

With these details ironed out the basic strategy as I said is to repeat what you did that worked... THIS IS INTEGRAL TO ALL PARTS OF HOW YOU INTERACT WITH WOMEN... If it works repeat.. If it didn't work stop doing it! Doesn't mean from the first go if you try something out and it didn't work forget it Maybe you landed on the wrong woman... give it a chance but if you see the reaction of what you are doing then either stop what you are doing or HOW you are doing it You basically need to gauge yourself constantly in this process. Just like going to school or learning anything new... LEARN, PUT INTO PRACTISE, TEST, GAUGE, CORRECT AND REPEAT!

So as I had said earlier when you leave you must always link to your next encounter already... The I'll call you tomorrow should only be done when you've been dating long enough that you will see each other whether or not you have something specific to do ... Before you get to that stage, when you leave you have to arrange from then what you will do next time... because it anchors her to you and anchors her emotional state right NOW to TOMORROW... IF you eat a plate of food when you're really ill ... even if that food is your favorite ... You won't want to eat it when you feel better.... It's called anchoring and I'll explain more of it later....

So when you call you will have already decided what you will do, and the call will just confirm yeah I'll be over at X time to pick you up... When you pick her up with your car, you have a much much higher rate of success because you control EVERYTHING! Even if you make her feel like you ask her what she wants to do all along the way, subconsciously she is looking at you like the boss! You hold the day in your hands ... If you meet up by tube or bus , then it's harder but she would definitely appreciate it if you went over to hers either before or after to accompany her.... Having said that, don't make her feel like your inviting yourself over before you go out That might make her feel uncomfortable... You could do it more subtly by saying something like would you like company from the bus stop near your place? I could meet you there if you like ... And then say something like nice area you live in or whatever when you get there, as an excuse to open up a conversation about where she lives.

Once you meet her you need to run through the same routines as you did before that I outlined in the other chapters... In fact you need to keep doing this until you know her like the back of your hand and she thinks your amazing and loves every minute of being around you

Arrange to go from place to place just like we talked about before and sometimes if it's feasible because of where you live and have a car, tell her I just want to pop into the house and Get changed quickly or pick up something you forgot, or whatever excuse you can find.... To get her to come over to yours and feel comfortable at the thought of spending more and more time with you and going back later at night for rumpy pumpy A good way to do this is let's say you go to the mall during lunch time, then you suggest lets go to a bar, in between tell her you'll go to yours to change clothes then to hers... Don't get undressed in front of her and let your cock dangle in her face.... She'll appreciate the gentlemanly approach, and at the same time she will feel comfortable she has been let into your place.... And be open to going back later to shag ...

Sounds perfect well in a way it is!!! The reason being all along I have been teaching you how to pull the strings behind the scenes to get the desired outcome... The approach of SO WHERE DO YOU WANNA GO, I DONNO ... isn't gonna get you anywhere !

Really I am trying to go back and think of mistakes made when I was younger problems that people have generally etc and compile this book however I know that some things that seem simple and second nature to me will be overlooked in this book... however by applying what I always say which is test it out see where you are going wrong and then look at how successful people do it you will hopefully iron out any issues you have in this game.

I hope I have managed to create a good image of how to handle yourself from beginning to end... One of the main things that I haven't explained in depth is that there is a deep psychology to do with how these things work... On the surface it's like saving money if you save 10 euro a day it's not much right but that's almost 300 a month x 12 months that's a year so 3600 a year x 15 years that's around 54k ... that means if you start saving at 20 a minimum amount of money you would have a Ferrari paid off by the time your 35.. Or a good solid downpayment for one and the rest on loan by the time you hit 25.... Btw that's taking into account what country you're in but that's the cost of a cheap entry level Ferrari or Nissan GTR or Corvette etc.... In the uk you can pick up any of these supercars for under 40k

But why did I give this absurd example... well all guys like cars and this shows that its more achievable than you think... but the reason I mentioned it is because every one of those 10 euro saved was important to the end result... This book and these techniques are exactly like that... You can't learn advanced algebra without basic multiplication.... If you read through the book and think I don't need to do this I don't need to do that I can't do this then you will get a half assed result.. If you want to get the full result... Do the full work.....

Of course everything I have outlined up till now sounds like smooth sailing .. Of course this is the plan... You gotta have a plan... Doesn't mean that everything always goes according to plan because there is another person involved who is living breathing and not a puppet !!!!!!!!!!!!!!! So in the ugly event that something smells funny lets go to the next chapter and see what can be done...

8 How to gauge if you're falling into a trap

In the world of human interactions not everyone is lovely... I might talk the truth in all my videos and books but too many people out there will lie and cheat and fuck you over... Unfortunately... Same way guys will tell a woman they love her just to have sex with her ... This is the dumbest defense opener ever... You see in a way all the methods I outlined drop a woman's guard so you can get closer... If you just say I love you I want your baby... you'll get laid and that's fucking sad.... Both that guys will stoop so low to say it and because women will also stoop so low that the minute they hear exactly what they want to hear they would give anything to obtain it... However in the world of players and gold diggers you need to be able to smell one.. Now I'm not trying to create any players with this material.. I think that word is one of the most retarded words ever in the history of mankind... he is a player... I wouldn't say that.. I would say he is a gold digger deflector or a liar.. If he tells women hey baby ill marry you and then dumps them after a fuck he is just a liar and women are daft to believe it ... If he is rich he fucks women who want his money lol ...

So one of the things you need to learn is gold digger deflection and succubus bitch deflection tactics! I know that paints a dark picture of women... But in my experience sadly women differ greatly from men in 1 big way

Men see a woman and they like HER.... It doesn't matter if she is short tall big tits small tits blonde or redhead... If she is baseline pretty enough funny enough whatever A guy will be attracted to her.. I know you guys are reading this thinking BOOOOOOOOBS BOOOOBS BLOW JOBS ... but yeah guys are simple creatures you see something you like you go for it...

Many women unfortunately are not like that... They don't care who you are as long as you fit their list of criteria... I experienced this first hand for over a decade and a half.... Hence why I got married so late because it took me 36 years to find the one that liked me for me not because I fit her description....

So as I was saying women have this list in their head... and it has on it AAAAAAAAAALLLLLLLLLL THE THINGS THEY WANT IN A GUY ... he must be rich/tall / dark skin / look like a famous celebrity all the way to outlandish stuff like he needs to wear a suit to work every day.... Or he needs to have nicely cut nails...

So then they take a guy that fits the bill closely enough ... and start to want to change him...

RUN THE FUCK AWAY NOW!!! WHEN YOU SEE THIS GET THE FUCK OUT OF THERE YOU WILL BE MISERABLE FOR THE REST OF YOUR LIFE!

Now guys at most will tell a girl to wear a nurse's outfit or something ... Girls will tell guys to basically turn into someone 180 degrees different from what even makes them happy...

Now I know in all this book I'm teaching you to change some of your habits into successful ones.. But I also tell you to be true to your character. If you are afraid of heights you don't need to convince her or yourself that you're a parachutist to look daring We all have an integral character that gets molded Women will turn that around 180 degrees ... you shouldn't like dogs, they should sleep outside. stop going to the gym, wear these kinds of clothes not those, cut your hair like this ... and that is a fucking nightmare because you have been selected as her slave to give her money and sperm and trust me no fucking idiot wants to end up in that role. So get away while its early You want to find someone who likes your mustache ... If you like your fucking mustache.... So trust me when you hear anything like this no compromise get the fuck out of there.

Of the Two types of women that I warned you about the succubus bitch and the gold digger they are opposing in type... The succubus will bleed you dry emotionally by trying to go against everything you like as outlined above and control your every move Don't do this do that don't do this do that... with optional screaming.... A good test for this is to see how she acts when given compromise situations.... Find out what she is uncompromising to and see how long her string can be pulled... A normal couple may need to compromise on many issues this is really really fucking important! So if you see that she shouts snaps or bites you for no reason about the smallest things and is hard and fast uncompromising AGAIN GET OUT OF THERE! Don't try change her If she can't compromise why would you want to be in that situation where for the rest of your life you get a bollocking for everything you do which according to her is wrong !!!

Something else you have to see is if she is a giver or a taker now obviously if she is a gold digger you might think that automatically she is a taker.. Don't be fooled... The fisherman will throw back the little fish to catch the big fish... So a simple giver or taker test is to see how she responds to having to spend anything on you whether it's by paying for something at the bar on your 10th date... or when she goes to the mini market does she say to you do you want me to get you anything... or even a small surprise present If you are stuck with a taker all your life it's not as bad as a succubus with a bitchy character or a gold digger.. But it shows a selfishness that could spread and grow into bigger things....

Something else you have to see is if she cares about you ... This combined with being a taker rather than a giver can fuck you in the ass when you least expect it because on the outside she

might not be bitchy or a gold digger... But her apathy not caring about you and being a taker means that when you need her you will be left high and dry... For this reason you really need to see where her loyalty lies, even something as simple as being took care of when ill or a meal when you were too busy or late to cook for yourself Will show you what direction things are taking with her.... Obviously it's easy to set up small test for the above which will show you how she really feels about you. For example... Honey I know we were meant to go to the restaurant tonight but my credit / debit card has a problem and I have no cash on me.... Will she say that's ok ill pay ... Will she expect you to pay it back how will she handle this... You can gauge if she is a giver or taker... Or for example you tell her I know I was meant to cook for us but im finishing work so late I won't be able to ... And I'm feeling quite ill.... Is her answer do you want me to cook and bring something round for you? Or is her answer ok doesn't matter another time...

If you're gonna spend the rest of your life with someone and spend bucket loads of cash on them make sure you're not being took for a ride.....

Lastly is she a gold digging bitch? Too many women fall into this category and if you ask me it's fucking disgraceful Somewhere in their devious minds in that list that says I want him to be like this and that lies the part that says RICH and when she smells it on you ... she will attack like a shark until she can devour every cent you have and kill the goose that lays the golden egg....

As simple as it sounds ... The test is easy If you think she wants you only for your money pretend you don't have any ... Reel her in you date her as normal and then drop a bomb one day saying I've had a problem with money and we can't go anywhere for a couple of weeks until the end of the month... If she says ill loan you money or if you need anything let me know, or if she says that's ok just come over to mine or I'll come over to yours.. Then you have a good thing going there... If she becomes cold and slowly disappears. You're lucky to have done that !!!

Now I'm not saying that based on a few tests you should judge someone ultimately... As people may always have their own issues which made them act in a certain way that day... However as an end result you must realize when you need to cut your losses and get out of a no win scenario!

9 Living the relationship

All having gone well you have found yourself in a relationship... Congratulations the difficulties are only just starting! If you don't manage to make this work all your investment was for nothing! Ok really that's a nihilistic way of viewing it, I'm just kidding . If you have done your work correctly up till here you should be with someone who you enjoy being with have a good time with and that you are compatible with.... Now there is something that if you have it in place you will always be able to fix your relationship you must share the same core ideology with the person you are with.... It really doesn't matter if you like blue and she likes green or if you both like the same food or the same films or dislike the same music... What really matters to make the relationship long lasting is to have the SAME CORE LIFE PLAN... What does this mean? This means that you must share the same thing that is the most important thing in your lives not 100% but at least to have it moving in the same direction and in harmony...

For example if she wants a family and you do too that's good... If you want a family and she wants her career... then at some point the relationship will collapse because when push comes to shove the most important thing will come out and you will take separate roads...

If the most important thing to you for example is being a model and for her it's to have big parties and eat nonstop and you can't diet... It's gonna collapse.

If you keep to yourself and she keeps on forcing you to spend time with her relatives which are the centre of her universe again you're doomed...

You see what it depends on is the single most important deep rooted driving desire.... We may have habits that can change and desires and compromises but everyone has something in their core which is the one thing you can't really change because it's part of them That thing has to match... If it doesn't match forget it ... If at heart she wants a shrewd business man who makes money and you're a hippy then it's doomed because at heart you are always moving in separate directions.

So you need to look deep and hard at your core habits and driving factors and which direction you are going and the same with her... Only this way you will feel like you know if your moving in pretty much the right direction or not.

Now at this point all things being ok you shouldn't have a problem apart from 4 major factors that can come out of nowhere and fuck you in the ass when you least expect it 1) *women are crazy you can't understand them* 2) Other people getting involved 3) sex 4) money

Being "crazy"

The first one is probably the greatest mystery to mankind everything will seemingly be ok and then she suddenly goes crazy and turns 180 degrees around.... Well to be honest... Even if I cannot talk about everywoman out there... there is actually a logical explanation to this.... Either its hormonal... women's hormones go crazy and fluctuate a hell of a lot each month making them prone to anger rage crying and fits of anything in-between or secondly she has an issue that's bugging her that she can't tell you about because she would either sound like a succubus bitch or a gold digger because on that mental list you don't fit the description of what you should have become by now So in her mind she had ticked 5 of the 8 boxes for you ... But the 3 that aren't ticked are really fucking her head cause she is thinking i want him to be like this... or I want this from him She won't admit that... so she will ignore for as long as possible until it explodes in her head and she changes attitude totally Then trying to blame it all on you.. After all how many women will turn around and say... I'm fucking sick and tired of you watching these cartoons at night BECAUSE IM A GOLD DIGGING BITCH AND YOU SHOULD BE WORKING MORE SO YOU CAN GIVE ME MORE MONEY.... And you'll be like uh wtf why is the cartoon to blame

You see men don't have these checklists generally ... You wouldn't sit there thinking for the past 12 days she dropped her powder puff and her eyebrow pencil on the floor of the room AND GET INTO A BLIND FURIOUS RAGE AS TO WHY SHE HASN'T BEEN DISCIPLINED YET.... Women though, they will do that and it will look psychotic when it comes out because she can't tell you the reason behind why she is really going psycho because it will basically reveal that she has been with you all along for her own benefits....

Or as I said before it's just basically hormonal and she is out bursting because of it ...

Also something you can't discount is women have issues... Generally women like to moan it's in their nature they will find some feminist load of crap to complain about because of how they lost their virginity or how painful childbirth is and men can't understand them or because they don't have a penis they feel like they are missing something... This is another category of women to run away from... You see in a sense the farther away you go from these women the more you force them to change because they will be left on the shelf whereas guys are so limp dickd nowadays they run after any woman.... Wrong attitude....

These sort of problems have no validity, in some countries women aren't even allowed to go to school. The fact that some bitch you know is complaining about what she thinks are feminist issues in the USA is a valid reason to move on to the next one So all of these mentally scarring events that women will dig up somehow will turn them into men haters and want to

make your life difficult... DO NOT PROCEED WITH CAUTION TURN AROUND AND START OVER WHILE IT'S EARLY.....

So now that I've offered some sort of explanation as to why women are "crazy" ... it leaves 3 issues that can seriously affect the best of relationships and these 3 things are other people, sex and money .

It may be these things directly, or it may be the stress that is a result of these 3 factors... either way you need to learn to deal with them in order to control the damage that can demolish a relationship faster than you can fart....

One of the things I want to add is that I don't talk about things from a woman's point of view because I'm a man I know how to do things from my point of view... If you watch a dog trainer he isn't going to hypothesize what the dog is thinking he is going to teach you how to make the dog listen.... I'm not one for a theoretical approach. I see what gets results without the pretty philosophical bollocks....

SEX

Of the 3 things I mentioned above sex is the simplest of the damaging factors followed by money and I believe the strongest decimator of relationships is other people ... The stress brought about can be destructive but it's not too hard to exercise some self-control and deal with the stress...

So on to the problems that may arise due to sex issues.... This depends largely on if it's a core issue and it is something that will show up early in the relationship or due to age later on....

Usually the issue to do with sex is because of an incompatibility you are too horny for her or you're not horny enough for her or your equipment isn't up to the task at hand...

Now If this is a core issue as I have said before ... then that's a serious problem however if neither of you is really bothered about this, it won't affect the relationship... However if as a guy you need sex nonstop and she always has a headache your gonna spend hours left handed on the pc or going out to find women, which in the end will demolish the relationship either because your always angry you're not getting laid, because you will cheat so much you won't even want to be in a relationship anymore.... Or because she finds out ... Now the opposite

being true if your equipment isn't up to the task... A lot can be done to fix that... If it's worth it ... do what it takes...

Compatibility is strange most guys think a woman wants a man hung like a horse but different women like different sizes.... It's not actually the case that all women drool over a big knob... some actually want a small one because of their genetics also.

Either way if the balance is not there and it is a core issue for one or the other.... It must be addressed

MONEY MONEY MONEY! This is something that can lead to the demise of a relationship Money feeds the good times in the relationship... As much as people say money can't buy you happiness and all that crap... The good times are fed by money... Even if you can enjoy staying in and watching a movie immensely... That holiday, the trips to the beach, the trips to the mountain, the trips to the shops, the luxurious spa... All these things that create lasting memories gets funded by something called money... When the money is tight then unless you and her are a really supportive couple of each other and you tackle it together you my friend are fucked.... The arguments will flare up because of stress because of not having enough not being able to get things done and that will be the end of that... This is one of the reasons I said test is she a giver or a taker is she a gold digger ... You don't want to find out after spending your last \$\$ that when the shit hits the fan and your money is gone... the next thing you see is she is gone too ! The other thing that happens too sometimes is that she enjoys these things you offer her, and she starts thinking ... I WANT MORE MORE MORE and starts looking for a guy to offer her all that more... Risky business you gotta know where her heart lies Is it in the green?

Lastly the *outside factor*

This is probably the worst of all factors that can fuck a relationship to nothingness is other people.

Now this might not be apparent always in the beginning but you have to see who she talks about and what effect they have on her... If you enter a relationship with someone who listens to other people more than to you, get out immediately ... you are f u c kayd... You really need to test this because when push comes to shove if those other people either want to undermine your relationship... or they are jealous ... or they want more time with her... or they just want her to do what they want because it's in their nature... You are gonna be sitting there thinking what the hell just happened... She over rid our plans and our relationship, or even she is leaving because of her friends or relatives

If you treat her like number 1 you need to be treated the same reciprocally ... The amount of guys I've seen who say her friends keep on saying the worst shit about me that isn't true... The amount of guys I hear saying her mother fills her head with shit about me and how I'm not rich / successful enough. It's astonishing... Or another great one is her friend divorced and all men are evil so let's start bashing all men including YOU and she convinces you guys to get a divorce/separate so that they can celebrate women's power together and that they don't need men...

If this happens to you it's a blessing in disguise as you have wasted enough time on these women What you need to do is find out early enough so you can make a hasty exit ...

Hindsight is 20/20 as they say... But by then you wasted enough ... so better to Sort yourself out fast!

A little side note on how to deal with arguments in a correct way ... So far I have outlined generally that you are pretty much the golden boy and done everything right trying to secure a good relationship with a woman who might just be out there to use you ... Trust me even the poorest guy can get lured into a relationship like this, because even if she can milk you for a few hundred bucks... It's better than her not having any sucker to milk... However things are not always black and white and even if everything is smooth sailing sometimes she will explode for no reason or you may have a bad day or there is a conflict of interests ... In this scenario the best thing to do is either a) ignore the whole thing... If she is one of these women that go crazy every so often then just ignore it till it boils over ... or b) If you really need to have a discussion turn the tone down, don't shout don't swear don't make it personal and try and state what it is that you feel and what it is you believe is right or wrong in the current situation... This may sound really simple... But in practice it works wonders...

Obviously every relationship is different and every pickup is different so it's impossible to write a solution for every scenario however I hope I have done well enough in disclosing knowledge enough for you to be able to react to every circumstance with a winning outcome.... Give a man a fish and he will eat for a day teach a man to fish and he will eat for a lifetime....

Chapter X Some Advanced Techniques

For those that diligently read to the end herein lies a couple of surprises not listed in the contents section... These techniques give you an edge... Even though they are somewhat advanced techniques they work through psychology... The truth is the majority of what I have written is based on psychology albeit a more hands on approach the why isn't so important as is getting the end result...

Some things that set people apart from others is having an air about you when you talk like your talking in front of a crowd... I realized I always did this as I had a teaching background and when I was talking at a table on a night out everyone would listen even today I walked into the post office and I started talking to the attendant at the counter and they were getting so excited because I was stepping into my projection mode... When you talk be confident project like your talking to 100,000 people and it will amplify the power of what you come across as... But be sure you have something decent to talk about... Don't just become a loud douche... It helps if you actually have experience in talking to crowds and groups of people to build this up.

Learning to read body language and how certain features correlate to character traits will cut your time in half ... I spent so many nights out both on the door and inside having fun that I studied so many different types of people really deep. When you do this it gives you a phenomenal edge because you learn to read people from their actions and you can already tell if you would be compatible to a great degree even before approaching them.... When you work at the door you really really learn how to read people astonishingly well as each one of them gets scrutinized by you and you have to evaluate them...

Be entertaining ... Make her laugh The actual action of laughing secretes such a potent bunch of hormones and endorphins and you make her feel really good... Without realizing why she will want to spend more time with you because she is forever feeling good around you In a sense the art I teach is in a way being liked and being popular.... All these ways will get the end result of being liked and being popular because you are actually entertaining and making them feel good about themselves... I don't teach people how to con their way into a woman's bedroom. I teach how to make you more interesting and have people enjoy your company!

Anchoring ... One of my personal favorite techniques not only to use on others but to use personally in terms of anything you want done in life! Anchoring is a hypnosis technique and also a basic human nature technique that links one thought to another thought.. This is really powerful stuff.. For example if I name 5 words out at random ... Cloud,green,car,drink,6pm ... What's the first corresponding thing that pops into your head for each word ? for me cloud relates to sitting on the hills behind my house looking up, green makes me think of a t shirt I have, car makes me think of Lamborghini, drink of how I always use this example in the past when talking about anchoring and 6pm reminds me of family dinners in England at 640pm about 20 + years ago ... The things that pop into your head are the things that due to either constant repetition or due to an overwhelming scenario , have been linked and hammered into your head permanently to connect with other events/ words !!!

How does this help you with picking up women and having a good relationship? Well basically you want to create these anchors with her to have positive memories to do with you! Number one when you call

her up and talk to her on the phone she remembers all the great things... Number two you can create anchors to certain things... Like places or items and whenever you go past that place or wear a shirt or an item or whatever she has a mental anchor to ... she will feel horny or feel good or whatever you choose to create the anchor to As I said before to create the anchor you just have to link one thing to another be it a thought or action by either making it very intense or repeating it over and over again

The start stop technique... This is a powerful technique that can basically fuck with someone's head, if you do it right they will get stuck on you... If you do it wrong they will get fed up of you You shouldn't really do it too much but if done a couple of times it serves as a good way to make them realize how much they like you. It can also be used to have them want you sexually more... The technique basically entails giving them a carrot and then taking it away. Once you do this you reel them in with the carrot so they want you more.... In a relationship you can show great interest for 2-3 weeks and then for a day that you are honestly busy show very little interest until night time... This will make her realize what you mean to her...Which in a way is not a bad thing! As I said don't overdo it like an ass to make her chase you or it will bite you in the ass Sexually it works in the way that if you turn on a switch and get her excited and then pull her out of that frame of mind and then put her in that frame of mind again ... Every time you make her think of the possibility the desire gets stronger and stronger.... This is a good one to use on chicks that really want to get laid and you know it's been ages for them and they are gagging for it but they have some sort of defense mechanism.. Every time you talk about it they get hornier and every time you change the subject they lose interest but the next time you start talking about it it activates even stronger on them ... Think of watching porn every 15 minutes for 10pm till 1 am and not getting laid or shooting your load by the time you go to bed, your gonna want to EXPLODE It works on psychological principles... But the end result is pretty much the same for her tooThe concept of putting someone in a frame of mind and then out again is in a sense a hypnosis technique so that the hypnotist has control of his subject for stage shows. He uses an anchor phrase and every time he repeats it the subject going under this seduction technique works on a similar premise

Running the conversation off on a tangent and coming back to the main conversation... If you can do this it will force them to focus on you and keep your stories in their subconscious ... Very powerful way to impress someone and keep them enthralled

Generally women feel rather than think its why so many of these methods I outline here play on their mind and emotions because they are creatures that react to feeling.. They feel good around you they want more ... They feel they are losing you or jealous you might be with someone else they come running The way you make her feel is what she will remember....

One last thing I wanted to add is that in a way you need to always be in control of the situation... Even if some women are strong minded or pig headed many of them are wishy washy and if you leave things up to them you won't get anywhere also women will keep taking as much as they can ... the more you give the more they will devour... Now the way to really be on top is to control the environment of the situation... Even if it looks like she is in control you need to pull the strings behind the scenes ... This has to start from the word go ... How this is done is basically by setting up every event to your favor beforehand... It's like a game of chess....Some examples.... If you don't want to go to a specific place give

her the option of 3 places but not the one you don't want... If she is making plans with her friends ... and you feel you will be really uncomfortable and she will be overpowering get a friend to accidentally be there also Work with a reward system... don't just give her presents out of the blue or praise her for no reason make her work for it and get the reward... I don't mean physically but I mean that if she is fucking your head and you get her a present so she will be nice... you're enforcing that bad habit ... On the other hand if she is sweet surprise her... Even verbally make her feel rewarded when she is nice to you Another example of pulling the strings is with money even if you have the cash you don't need to always have it on tap ... Pull away sometimes then reel her in Even with dating in the beginning or in the club work through this reward system don't jump like a dog at her every command and think behind the scenes continually one step ahead to set things up in your favour.....

Now having said all this you also have to have redeeming positive qualities !!! Be a nice guy , don't be stingy , be funny , surprise her, make her feel loved , make her feel special, do nice things whenever possible, arrange holidays, trips etc... I may have given you all the techniques in the world... But don't be a grumpy stingy controlling dickhead and expect to have it all on a plate because you have some techniques

Before wrapping up the book ... I wanted to just add in As Haddaway said (if you were around in the early 90s and old enough to remember) , What is love!!!!!!

Why don't I talk about love.... It's the most important and underlying factor of a relationship ... The answer is simple everything I outline has logic to it and a precise method... When love enters the equation logic goes out of the window... At the end of the day what can a mere mortal say about something that only the divine may comprehend.....

I hope you enjoyed the book... I really enjoyed writing it for you guys and I'm sure if you follow it, your life will improve significantly

Thanks for reading and being a fan. I appreciate all the positivity from all my fans.....

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